



## ◆ Upon This Rock I Will Build My Church

The ancient scriptures were written in language rich in symbolism. The prophets were men and women who had graduated from mystery schools and were not allowed to teach the deepest wisdom to people who had not been initiated into the higher levels.

Jesus spoke in parables to even his closest disciples. On the rare occasion that he spoke plainly, it was a cause of excitement.

His disciples said unto him, Lo,  
now speakest thou plainly, and  
speakest no proverb.  
- John - 16:29

The Quran is also replete with symbolism. Every verse of that book is called an "ayat," i.e., a sign.

Prophets were not allowed to speak openly to audiences comprised of uninitiated people. They therefore employed symbolic language to address people on multiple levels of understanding.

Often, such language is identified by comments like, "He who has an ear, let him hear" (New Testament) or "Herein are signs for those who have knowledge" (Quran).

The ancient teachers weren't attempting to hide knowledge, they were attempting to reveal advanced truths, but in such a way that people would not be damaged by knowledge more potent than they could, at that point in their development, digest.

Allah imposes not on any soul  
a burden beyond its scope.

- Quran 2:286

Today's physical scientists operate similarly. NASA doesn't publish "How to build a spaceship" manuals. Nor are "how to Build A Nuclear Bomb" articles available from the Department of Energy.

Modern scientists have their own symbolic language. They speak of quarks, morphic fields and particples/waves and people unfamiliar with the technical meaning and application of such words would not be able to derive meaning from them.

An example is the word "ego". In colloquial speech, ego connotes pride and vanity. But a Freudian psychoanalyst would seldom use "ego" in that sense.

To a psychoanalyst the ego is a vital part of the mental structure that functions to inhibit idic impulses and to delay the pleasure principle.

Laymen use the word "superego" to describe a megalomaniac, a person of enormous pride and vanity. But, in psychoanalysis, the superego is the part of the psyche that houses morals, values and parental influences.

When laymen (including the majority of clerics) read the scripture, they arrive at a layperson's understanding. But when sages, mystics, prophets or spiritual scientists read it, they obtain an utterly different meaning.

Women and men who'd been initiated into the higher wisdom were forbidden from giving "meat to babies."

And I, brethen, could not speak  
unto you as unto spiritual, but  
as unto carnal, even as unto babes  
in Christ.

I have fed you with milk, and not with  
meat: for hitherto ye were not able  
to bear it, neither yet are ye able.

- I Corinthians 3:1-2

I knew a man in Christ above fourteen  
years ago, (whether in the body, I  
cannot tell; or whether out of the  
body, I cannot tell: God knoweth;)   
such a one caught up to the third  
heaven.

**And I knew such a man, (whether in  
the body, or out of the body, I cannot  
tell: God knoweth;)**

**How that he was caught up into  
paradise, and heard unspeakable  
words, which it is not lawful  
for a man to utter.**

## **II Corinthians 12:2-4**

**In the above passage, Paul not only refers to possible out-of-body travel, he also alludes to the fact that the knowledge ("words") learned at the higher levels are "not lawful for a man to utter."**

**The vast majority of people have spiritual beliefs, but an even vaster majority are bereft of true spiritual knowledge based upon experience.  
This is one cause of the many problems in the world. Scriptural concepts have become a part of our superego (moral values) but our ego (conscious mind) cannot truly comprehend them for those deep spiritual concepts have become instilled into the superego based upon misunderstanding.**

**For example, many people were indoctrinated with the maxim: "An idle mind is the devil's workshop."**

**Many spiritual seekers are unable to attain a meditative state of mind because meditation requires and produces an idle mind. Thus a conflict exists between the superego and the ego (the mind hoping to become idle). Few aspirants trace their difficulties in meditation to early religious indoctrination.**

**The scripture primarily refers to spiritual practices but rarely provides "how" to instructions. As recently as Jesus' time, the very disciples had to ask, "Master, how should we pray?"**

**Jesus healed the sick, but never directly taught the public how to heal.**

**Yet, in a semi-veiled way, he did. After a successful faith-healing, he'd say, "Your faith has made you whole." So, by implication, he taught that people could be healed by the correct application of faith.**

**He also taught that mountains could be removed by faith. He didn't teach the public how to cultivate that degree of faith.**

The how-to instructions were given privately, from teacher-to-student. But, more often than not, students developed their own how-to by intuition after working with the symbolic teachings.

Contemplation of symbolic wisdom can result in sudden insight suggesting appropriate techniques for spiritual power.

Years ago I read several kundalini books, but could not raise the kundalini via the methods those books provided.

I was close to abandoning the quest until a verse from the Quran popped into my mind. The verse says, "Raise up Singly or doubly." It "hit" me that while kundalini could be activated by alternate nostril breathing through the ida and pingala nadis (i.e., doubly), it might also be activated by breathing directly into the sushumna nadi (i.e., singly).

I tried and it worked. In fact, it worked so powerfully that I later taught kundalini techniques to Delaware prisoners as an effective alternative to drug abuse.

### Circle

Because planets are spherically shaped, revolve and orbit in circles; because the solar system is circular; because the Sun orbits the pole star, circles are a primary archetype.

One of the first things a child draws is a circle. From the sperm's vantage point, the ovum is a huge sphere, not dissimilar in appearance to the imagery of huge spaceships ("Mother Ships") in sci fi movies.

Every major religion possesses an important circular image.

The human body is an electrical system. The ancients sometimes symbolized electricity as a serpent.

Often the ancient pictures showed either two serpents intertwined (alternating currents" or one serpent with his tail in his mouth (a closed circuit or looping current comparable to Nicola Tesla's coils).

Tesla rediscovered what the ancients already knew: looping energy in a circle increases the power of the energy exponentially.

The snake was an apt symbol for electricity because the snake is quick and can sting you (shock you) when it strikes. The snake is usually hidden from view and can be venomous (cause death).

**Yet the snake also symbolized rebirth. Today, electric shocks are used to bring a person who has flat-lined back to life.**

**The winding, wavelike undulating movement of a snake in motion was a brilliant depiction of energy, for energy, scientists now know, moves in waves.**

**The electric energy that vivifies the body has been called many things, all of which mean basically the same.**

**Some names for the energy are Ra, chi, prana, kundalini, salaah, sakinah, shekem, ur, serpentine fire, solar force, libido, orgone and shakti.**

**The main yang channel the energy traverses is inside the spine. Few yogis teach, however, that there is an equally important yin channel that runs from the roof of the mouth down the front of the body to the perineum.**

**The posterior yang channel is joined with the anterior yin channel at two points: the perineum and the hard palate. The channels are united by placing the tip of the tongue against the roof of the mouth in various positions.**

**When kundalini is dormant, inert, it is scripturally styled as a dead God: Osiris, Jesus, Horus. When the kundalini is brought into activity, the dead God is said to have been resurrected.**

**Once the chi force is brought to life, the next major step is to lift it up the spine to the crown. This is what the Quran means when it tells Muslims to "raise up the salaah."**

**But the increase of the serpent power comes from running it in a loop by bringing it down the front of the body.**

**So important is this loop that the Egyptians depicted the Tuat, the abode of God, as being circular in shape and filled with Ra (kundalini or chi energy).**

**The Muslims run around the Black Stone in Mecca wearing white ihram robes, providing a moving image of the circulation of light. This part of the hajj ritual is a grand symbol of the Microcosmic Orbit.**

**Ancient monuments like Stonehenge were built in circles. And the original Christian church was not a building, but a circle.**

**"Upon this Rock"**

**The knowledge of how to accomplish spiritual works was called "wisdom." That wisdom was rarely written, except in code. It was imparted orally and via on-the-job training. Even when wisdom was orally conveyed, it was usually done symbolically so that those who tried to**

**"steal a hearing" would not be able to decipher whatever they'd heard.**

**Like all the master teachers, Jesus was himself under the spiritual code of conduct generally called "the law."**

**Think not that I am come to destroy  
the law, or the prophets: I am not  
come to destroy, but to fulfil.**

**For verily I say unto you, Till  
heaven and earth pass, one jot or one tittle  
shall in no wise pass from the law,  
till all be fulfilled**

**- Matthew 5:17-18**

**Different cultures associated that law with the teacher of philosophy with which they were familiar. The Egyptians called it the law of Maat. Jesus called it the law of Moses. Muslims call it the Islamic law or shari'ah. Yogis call it the law of karma. Physicists call it the law of cause and effect. African-Americans refer to it as the law of "what goes around comes around." Babylonians knew it as the law of Hamurrabi.**

**By whatever name, the law is the same. And every authentic teacher was bound by it,  
including Jesus himself.**

**The New Testament presents chi circulation through the Microcosmic Orbit in symbolic code language:**

**And I say also unto thee, That  
thou art Peter, and upon this  
rock I will build my church; and  
the gates of hell shall not prevail  
against it.**

**- Matthew 16:18**

**Peter symbolizes the male sexual power. It means, etymologically, father and rock. To this day, "peter" is a slang term for the human phallus.**

**"Rock" symbolizes male sexual potential stored in the testicles.**

**"Upon this rock I will build my church." The word translated "church" actually meant "circle".**

**The circle to which Jesus referred is the circle of chi that, when activated, runs through the body in the Microcosmic Orbit.**

**The foundation of chi, for men, is male sexual energy that's stored within the testicles.**

**Simon (Semen) Barjona is upgraded, as it were, to Peter. The circle is established upon mastery of sexual discipline, i.e. the ability to engage in advanced sexual practices without ejaculating. This once-hidden science is known as Tantric yoga in India.**

**Instructions for men can be found in Taoist Secrets of Love by Mantak Chia. Instructions for women are provided in Healing Love through the Tao by Mantak and Maneewan Chia.**

**The principles relating to women are similar, but not identical. Female sexual power is stored in the ovaries and, to a lesser extent, in the breasts.**

**Priestesses and prophetesses like Mary, Merriam, Mary Magdalene, the Queen of Sheba and Jezebel embody those principles for women.**

### **The Microcosmic Orbit**

**The chi circuit around the body begins at the point about two inches beneath the navel. This point is called the Sea of Chi or the Tan Tien.**

**Hail, Tatun, [who art] First,  
thou creator of mortals [and]  
of the Companies of the Gods...**

**- Egyptian Book of the Dead  
Chapter 15:6-7**

**In the Pert em Hru [Book of Becoming Awake or so called Book of the Dead] Tatun is called "first" because the lower Tan Tien is the beginning point of the Microcosmic Orbit. Tatun is the Egyptian name for the Tan Tien.**

**Each point or chakra along the route is metaphorically referred to as a god i.e., an energy. the gland or organ that stores the chi energy is the symbolic house, temple or holy city of that particular god, diva or angel.**

**Over it are nineteen.  
And we have made none but  
angels to be friends of the  
fire.**

**There are 19 primary points along the Microcosmic Orbit.**

**The "angels" are "friends of the [serpentine] fire."**

**The lower Tan Tien is activated by various abdominal breathing techniques such as bellow breathing and pot-bellied breathing. The Taoists refer to that process as "warming the stove" and the bible symbolically refers to it as the "furnace" that the three Hebrew boys were placed inside. (The three Hebrew boys symbolize the three Tan Tien located behind the naval, between the solar plexus and the heart and in the head.)**

**Mantak Chia instructs students to breathe deeply in the lower abdomen, allowing the lower diaphragm to expand on all sides. Then they are to forcefully contract the lower abdomen as the air is exhaled. This is done 36 times.**

**One should then focus the attention either at the Sea of Chi or at a place two inches behind the naval. Both points feed into the lower Tan Tien.**

**After some practice you'll feel an electric-like buzzing or pulsating at the navel point. When that occurs, move the concentration to the next point until the circuit is complete. Eventually, the chi force will "kick in" on its own and run in a circle without your having to guide it.**

**Complete instructions for activating the Microcosmic Orbit are provided in Chia's Awaken Healing Energy Through the Tao.**

### **My way or the highway**

**Religious intolerance is usually rooted in one group disliking the beliefs and practices of another. Yet when the spiritual symbolism is deciphered, the similarities greatly outnumber the apparent differences.**

**For example, Christians place ashes on their foreheads during Ash Wednesday. Hindus place a small dot on their foreheads. Egyptians wore a tiara with a miniature serpent protruding. Muslims strive to get a dark prostration mark on their foreheads as a sign of piety.**

**Each of these is but a symbol for the importance of activating the chi force at the third eye or ajna chakra which is located inside the forehead, between the eyebrows and slightly above.**

**Muslims wear a kufi, Jews a yarmulka and some monks shave the tops of their heads to form a bald circle.**



**Each of these are symbols for the importance of activating the chi/kundalini energy at the crown chakra.**

### **Social implications of the circle**

**The holy circle must also guide our minds to recognise the importance of the flow of all things among all people. Wealth is not to be hoarded by the rich, but it's to flow to all members of society. Similarly, knowledge and education are naturally intended to circulate. When we break the circle, illness and decay are the result.**